



Spring 1 2024

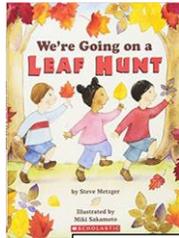


Paula Breward

### Books and Rhymes



Here is a tree with leaves so green Here are the apples that hang between, When the wind blows the apples will fall. Here is a basket to gather them all.



### Warm up Games

- Stuck in the Mud-Two children are catchers, if you are caught you freeze, stretch out as if stuck in the Mud. Friends can free you by going under your arms or legs.
- Who can make a tall tower?- Children work in teams to build a tall tower from whatever they find in the Orchard. Who can build the tallest? What can we turn it into? A Castle, a Den or even a magic bridge.
- Tarpaulin parachute- Use Treasures found in the Orchard to bounce on the Parachute.
- Follow the leader- (other children copy actions and follow leader around the orchard)
- Story Dice- Story Dice has characters on it. (Dragon, Witch, Fairies) children pretend to be these characters and act out story if they wish.
- Sticky elbows-children stand in circle with elbows/knees/ feet sticking to each other!



### Possible Experiences

**Story Chair-**The children will be invited to make/ decorate a story telling Chair for our Orchard. We will use treasures such as Logs, Sticks, Leaves, String and anything else we can find! Whilst sat on the chair we become a magical story teller!

**Mud Clay faces-** Use the clay or mud along with Stones, Pine Cones, Sticks and grass etc to make interesting woodland faces on the Trees. Can you tell a story about your character?

#### Collect your favourite treasures!

Children invited to use baskets and make collections of orchard treasures.

#### Meet a tree!

Children invited to look more closely at the leaves, branches, and bark of the trees.

**Magic potion-** Mix a magic potion in the mud kitchen. Can we think of some magical words

#### Orchard fruit

A close look at the apples and pears in our orchard. Can we identify each type?

Look at colour/shape/texture etc. Make apple juice using an apple press.



## Welcome to Forest School!

We are very excited to introduce your children to Forest School and our beautiful orchard. This term we will think about what to wear for Forest School and why. We will spend time talking about how to care for ourselves, for others and for nature during all weathers and all experiences. We will also introduce your child to the various areas within our Forest School site such as our Fire Circle, Tool Area, Small Pond, and Vegetable Garden etc. We will learn the rules and boundaries associated with each area as these rules will help us to keep ourselves and each other safe. In each session the children are encouraged to **'Be Safe' Be Caring'** and **'Be a Good Listener!'** Over the next few weeks, the children will be exploring the sights, sounds and smells of the orchard. As it is the season of Autumn and harvest is fast approaching, we have an abundance of fruit scattered on the ground and on the trees. We will encourage the children to look closely at the different types of fruit and explore using all their senses. At snack time we will invite the children to try the various types of apples and pears and learn their names. Can we tell the difference? We are also excited to perhaps try and make our own apple juice using an apple press! The children will meet Sage and Swampy our Forest School Elves. They do enjoy hearing all about our Forest School adventures at the end of each session. Finally, we may think about the creatures that live in the orchard. I will show the children how to use our wildlife night vision camera to see if we can find out more!

### Possible Checkpoints for Learning

- Learn to talk about seasonal changes in the orchard and look at patterns and change (UW TW)
- Learn to work as a team and cooperate with friends (PSED BC)
- Learn to express a range of emotions following routines. (PSED BC)
- Learn to dress with help (PD IBH)
- Learn to travel with confidence and safety through the Orchard and be able to assess risk. (PSED-BS)
- Learn to listen to others one to one or in small groups (CL LA)
- Learn to move freely and with pleasure in a range of ways (PD MS)
- Learn to follow directions and instructions, (CLL -LA)

### Opportunities for Reflection

- Tell Sage-** whisper to Sage about something you enjoyed/ found difficult.
- Magic spot** -Children choose own special place in orchard to sit and reflect
- Thumbs up/down-** Did you enjoy session? Why?
- Pass the talking stick around the circle-**talk about your experiences and share with others
- Sentence starter-** Today I felt...because?
- Make a face-** Using natural materials can you make a face on the floor that tells us how you feel at the end of the session
- Walk and talk-** talk whilst on the move about the session. Encourage children to share feelings and experiences.

### Possible Classroom Follow Up

- Photos and videos for children to share on Tapestry
- Photos added to Forest School display in Forest room/classroom
- books and wildlife information about Hares/Squirrels and owls in book area available for children to access.
- Cooking and baking with fruit inside nursery. Make Forest School snack for sessions e.g.biscuits etc.
- Make pouches to keep orchard treasures in and share with nursery staff in bubble.
- Wildlife Camera footage shared inside nursery and with parents/carers

